



**New Patient Intake Form**

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_  
(Street/apt) (City) (State) (Zip code)

Cell Phone: \_\_\_\_\_ I consent to be reminded of my appointments via text message: Yes / No

Email: \_\_\_\_\_

*I consent to the email address being used for appointment reminders as well as added to the Metabolix Wellness email newsletter, where I will get information on specials and promotions*

Single/Married/Widowed/Divorced Advanced Directive Y/N Living Will: Y/N Power of Attorney: Y/N

How did you hear about us? \_\_\_\_\_

Employer \_\_\_\_\_ Occupation \_\_\_\_\_

Person to contact in case of an emergency \_\_\_\_\_ Phone \_\_\_\_\_

Pharmacy Preference \_\_\_\_\_ Phone ( ) \_\_\_\_\_

I request that medical information, test results, or messages:

(INITIAL below all that apply)

\_\_\_\_\_ be given only to me directly in person or over the phone

\_\_\_\_\_ be left on my home/cell answering machine/voice mail

\_\_\_\_\_ be left with a member of my household. Name \_\_\_\_\_

\_\_\_\_\_ be mailed to my mailing address listed above

\_\_\_\_\_ \* be emailed to me at \_\_\_\_\_

\* I understand that email is not secure and may be intercepted by unauthorized people and possibly made available on the internet. Understanding this possibility and that you have advised me that you would prefer to send my confidential information by mail, I still request that you email me the confidential information to the above email address.

I consent to medical treatment. I agree to pay all charges for myself, and for members of my family, as applicable, promptly upon presentation thereof. Charges as shown by statements are agreed to be correct unless protested in writing within thirty days. In the event that legal action should become necessary to collect an unpaid balance due, I agree to pay reasonable attorney fees or other such costs as the Court determines proper.

\_\_\_\_\_  
Patient/ Parent/Guardian Signature

\_\_\_\_\_  
Date

**Continued on Back**





PAST MEDICAL HISTORY

Previous or current primary care physician (PCP): \_\_\_\_\_

Date of last physical examination or visit to PCP: \_\_\_\_\_

Past/ Current Medical Conditions:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Medication **ALLERGIES:** \_\_\_\_\_

Medications (please include dosages):

- 1. \_\_\_\_\_ 6. \_\_\_\_\_
- 2. \_\_\_\_\_ 7. \_\_\_\_\_
- 3. \_\_\_\_\_ 8. \_\_\_\_\_
- 4. \_\_\_\_\_ 9. \_\_\_\_\_
- 5. \_\_\_\_\_ 10. \_\_\_\_\_

Over-the-counter medications taken at least once weekly: \_\_\_\_\_

Herbal products, supplements, vitamins or minerals: \_\_\_\_\_

\_\_\_\_\_

PREVENTATIVE CARE

Last colonoscopy: \_\_\_\_\_ Last chest x-ray: \_\_\_\_\_ Last testicular exam: \_\_\_\_\_

Last EKG: \_\_\_\_\_ Last mammogram: \_\_\_\_\_ Last pap smear: \_\_\_\_\_

Last breast exam: \_\_\_\_\_ Last bone scan: \_\_\_\_\_ Last prostate exam and PSA: \_\_\_\_\_

SOCIAL HISTORY:

Do you smoke? Y/N How much? \_\_\_\_\_ packs/day How many years have you smoked? \_\_\_\_\_

High, medium, or low nicotine content? \_\_\_\_\_ If you quit, what year(s)? \_\_\_\_\_

Do you drink alcohol? Y/N How much and how often?: beer \_\_\_\_\_ wine \_\_\_\_\_ liquor \_\_\_\_\_

## Subjective Symptom Assessment

Physical Symptoms	Score	Mental Health Symptoms	Score
How satisfied with you with your <b>body</b> ?		How would you rate your overall <b>mood</b> ?	
How satisfied are you with your <b>weight</b> ?		How would you rate your response to <b>stress</b> ?	
How satisfied are you with your <b>sleep quality</b> ?		How would you rate your ability to <b>manage stress</b> ?	
How satisfied are you with your overall <b>strength</b> ?		Rate your level of <b>Anxiety</b>	
How satisfied are you with your overall <b>health</b> ?		Rate your level of feeling <b>depressed</b>	
How satisfied are you with your <b>exercise regimen</b> ?		How would you rate your <b>job satisfaction</b> ?	
How satisfied are you with your <b>energy level</b> ?		Are you satisfied with <b>OTHERS perception</b> of you?	
How satisfied are you with your <b>libido</b> ?		How satisfied are you with completing <b>tasks</b> ?	
How satisfied are you with your <b>sexual performance</b> ?		How satisfied are you with your <b>memory</b> ?	
		How satisfied are you with your <b>self-confidence</b> ?	
		How satisfied are you with your current <b>life</b> ? (current day to day activities)	
		How satisfied are you with your <b>future plan</b> ?	
<b>Total Physical Score:</b>		<b>Total Mental Health Score:</b>	
<b>Total Wellness Score:</b>			

Severity	Score
Poor/ None	1
Could be better	2
Average	3
Content	4
Excellent/Very Happy	5



## Notice of Privacy Practices

This notice describes how your medical information may be used and disclosed and how you can gain access to this information. Please review this notice carefully.

### Allowed Uses and Disclosures of Your Medical Information:

- Treatment – ie: ordering diagnostic tests or consultations
- Payment – ie: submitting bills to your insurance company
- Health Care Operations – ie: quality assurance and eligibility verification

We may also use your medical information for emergency treatment when we attempt to obtain consent and are unable to do so, and consent for treatment is implied under the circumstances.

### You Have a Right to:

- Request restriction on certain uses and disclosures, however, we are not required to agree to any requested restriction
- Receive confidential communications from us, upon written request
- Inspect and request copies of your medical information, upon written request
- Request to amend incorrect or incomplete medical information, upon written request
- Receive an accounting of any disclosures made, upon written request

### We are Responsible for:

- Maintaining the privacy of your medical information
- Abiding by the terms of this notice
- Providing written notice of any change to this notice

Authorizations: Upon your written authorization (verbal or implied in the event of an emergency), we may disclose your medical information to a requesting entity, such as another provider, relative, or an attorney. You may revoke any authorization you make at any time, except to the extent that it was already relied on.

Patient Contact: We may contact you by telephone, SMS text, mail, or e-mail to provide such information as appointment reminders, treatment information or any other necessary communications.

Complaints: You may complain to us or to the Department of Health and Human Services if you believe that your privacy has been violated. If you wish to complain to us, please provide the Office Manager with written notice if you believe your privacy has been violated. All notices received will be investigated and reviewed by a Compliance Officer. You will receive a response to any notice within two weeks. To Obtain Information: Contact our Office Manager at 727-230-1438

**I have received and reviewed a copy of the “Notice of Privacy Practices” Statement from Metabolix Wellness.**

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Signature

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Date



## Medical Records Release Authorization Form

**Release Records From:**

Physician/Facility: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone #: \_\_\_\_\_

Fax #: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Today's Date: \_\_\_\_\_ Authorization Expires: \_\_\_\_\_

**Information to be Disclosed:**

All Records  Imaging  Labs  EKG  Other: \_\_\_\_\_

Purpose for Disclosure: \_\_\_\_\_

**Release Records to:**

Metabolix Wellness  
26212 US Hwy 19 N  
Clearwater, FL 33761  
Fax to: (727) 230-1437

**Authorization:** I certify that this request has been made freely and voluntarily and that the information given above is accurate and complete to the best of my knowledge. I understand that I have the right to receive a copy of this form after I sign it. I may revoke this authorization in writing at any time except to the extent that action has already been taken comply with it. Written revocation is effective upon receipt at our facility.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Confidentiality Notice: The contents of this facsimile belong to Metabolix Wellness and may be privileged, confidential or otherwise protected from disclosure. The information is intended for the addressee only who is prohibited from disclosing this information to any other party and is required to destroy the information after its stated need has been fulfilled.

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